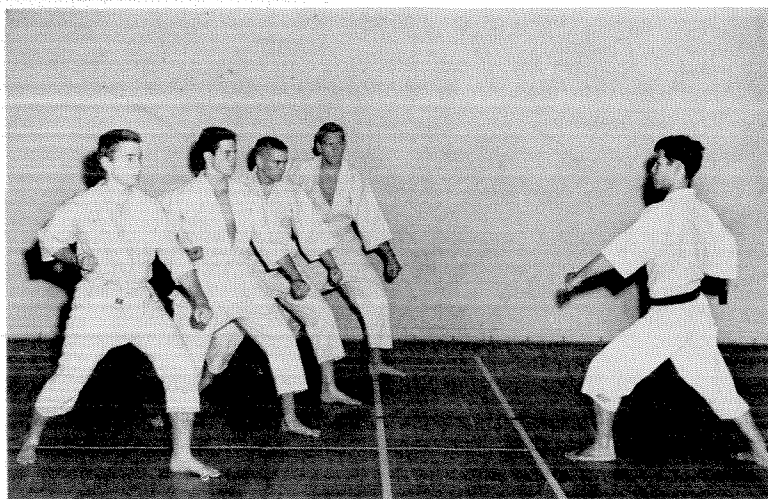


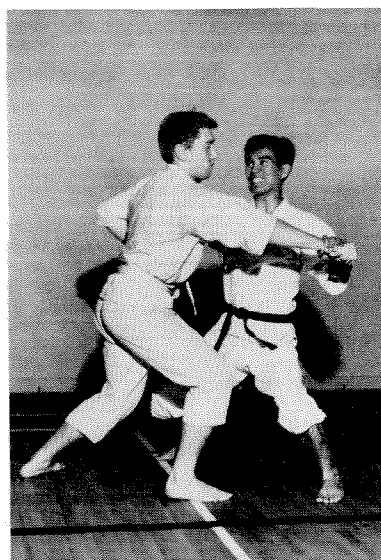
*Karate instructor Ohshima leaps high in midair as he prepares to launch a side kick to the neck or temple of his opponent.*

## Karate at Caltech

Karate, an ancient art of self-protection, has now been added to Caltech's athletic program. This is its first appearance on a U.S. college campus. Caltech students practice this lethal art once a week under the direction of Tsutomu Ohshima from Tokyo, Japan. Karate, which means "without weapons," is a form of self-defense which was used by unarmed wandering monks as far back as the Fifth Century A.D. About 300 years ago it spread to the islands of Okinawa and then to Japan, where Karate is still enthusiastically studied at most major universities.



*Ohshima instructs Caltech students in the correct form for the basic front attack.*



*An attack is blocked by the instructor, who is using a round kick while warding off a possible punch.*

*The row of students on the left blocks attackers with open-fingered jabs at eyes and stomach.*

